

Sangita Pudasainee-Kapri, PhD, DNP, RN, APN, FNP-BC, CPN

Rutgers The State University of New Jersey

School of Nursing-Camden

530 Federal St., Camden, NJ 08102

Phone: 3153967903 (cell)

E-mail: Sangita.pudasaineeKapri@rutgers.edu

<https://orcid.org/0000-0001-5485-8553>

Academic Position

Fall 2020 – Present

Assistant Professor (Tenure-Track), Rutgers
The State University of New Jersey, School
of Nursing-Camden, NJ

Education

Doctor of Nursing Practice (2020)

Rutgers The State University of New Jersey,
School of Nursing-Camden, NJ

Ph.D. in Child and Family Studies (2017)

Syracuse University, Syracuse, NY

Certificate of Advanced Study (CAS) in

Syracuse University, Syracuse, NY

Global Health (2014)

MS in Child and Family Studies (2012)

Syracuse University, Syracuse, NY

Bachelor's Degree in Nursing (2007)

Tribhuvan University, Nepal

Bachelor's Degree in Health Education (2005)

Tribhuvan University, Nepal

Proficiency Certificate in Nursing (2002)

Tribhuvan University, Nepal

Fields of Research Interest

Social Determinants of Health

Perinatal Mental Health and Child Outcomes

Asthma Health Disparities and Self-management behaviors in Pediatrics

Developmental Outcomes of Preterm and Low Birth Weight Infants

Global Health Policy and Programs

Research Experience

1. Publications

Pudasainee-Kapri, S., Shrestha, T., Dahan, T., & Wunnenberg, M. (2024). Translation, validation, and factor structure of the Nepali version of postpartum bonding questionnaires (PBQ-N) among postpartum women in Nepal. *PLOS Global Public Health*, 4(7), e0003469-. <https://doi.org/10.1371/journal.pgph.0003469>

Pandey A., Yang, M., **Pudasainee-Kapri, S.**, & Adhikary, D. P. (2023). Factors influencing the utilization of postnatal care services in the first seven days of childbirth in Nepal. *Journal of Nursing Education of Nepal*, 14, 1, 14-20. <https://doi.org/10.62143/6y1krc50>

Pudasainee-Kapri, S., Pontes, N. M. H., & Pontes, M. C. F. (2023). Sex Differences in the Relationship Between Asthma and Bullying Victimization Among High School Students

in the United States. *The Journal of School Health* 93(11), 982–989.
<https://doi.org/10.1111/josh.13353>

Bushnell, G., Sun, J. W., dosReis, S., Castillo, W. C., Czaja, A. S., Durrieu, G., Gerhard, T., Lee, H., Kaguelidou, F., **Pudasainee-Kapri, S.**, Raman, S., Spence, O., Horton, D. B. (2022). Geographical variation in psychotropic prescriptions dispensed to us children and adolescents early in the covid-19 pandemic. *Psychiatric Services (Washington, D.C.)*, 74(8), 880–884. <https://doi.org/10.1176/appi.ps.20220314>

Sullivan-Bolyai, S., Ratta, C. D., Flanagan, J., **Pudasainee-Kapri, S.**, & Sefcik, J. S. (2022). Salami slicing and other fatal flaws to avoid in publishing qualitative findings. *Journal of Pediatric Nursing*, 66, A9-A10. (Editorial)
<https://doi.org/https://doi.org/10.1016/j.pedn.2022.08.003>

Atkins, R., Kelly, T., Johnson, S., Deatrck, J., Wunnenberg, M., Joseph, P., **Pudasainee-Kapri, S.**, Gage, G., Pontes, N., & Williams, W. (2022). Salient beliefs and willingness towards participating in genetic salivary testing in a multi-ethnic sample of mothers at-risk for depression. *Archives of Psychiatric Nursing*, 41, 153-165.
<https://doi.org/10.1016/j.apnu.2022.07.002>

Pudasainee-Kapri, S. (2022). Moderate low birth weight and socioemotional competence among children: The role of parenting factors in early childhood. *Journal of Pediatric Nursing: Nursing Care of Children and Families*, 64, 74-83.
<https://doi.org/10.1016/j.pedn.2021.12.025>. PMID: 35240492

Pudasainee-Kapri, S. (2021). Providers' Adherence to Evidence-Based Asthma Guidelines in Pediatric Primary Care. *Journal of Pediatric Nursing: Nursing Care of Children and Families*, 57, 18-24. <https://doi.org/10.1016/j.pedn.2020.09.020> PMID: 33212342

Pudasainee-Kapri, S., & Razza, R. A. (2020). Low birth weight and children's cognitive competence: The role of maternal warmth in early childhood. *Early Child Development and Care GECD*, 119 (16), 2551-2562.
<https://doi.org/10.1080/03004430.2019.1590351>.

Pudasainee-Kapri, S., & Razza, R. A. (2015). Associations among supportive coparenting, father engagement, and attachment: the role of race/ethnicity. *Journal of Child and Family Studies*, 24, 3793-3804. <https://doi.org/10.1007/s10826-015-0187-6>

2. *Manuscripts Under Review/Revised-Resubmitted/Accepted for Publication*

Pudasainee-Kapri, S., Zhang Y., & Razza, R. Early Bedtime Routines and Behavioral Outcomes among Children from Low-income Families: Mediating Role of Emotion Regulation. (Under Review)

Zhang Y., **Pudasainee-Kapri, S.**, Razza, R., & Madre N. Longitudinal Associations among Household Instability, Bedtime Routines, and Self-Regulation in Children from Low-income Families. (Under Review)

Pudasainee-Kapri, S. Birth Weight Prevalence and Its Consequences in Development Among Infants in Nepal: A Narrative Review (*Under Review*)

Pudasainee-Kapri, S. Shrestha, T., Wunnenberg, M., Kapri, K., Chapagai, M., & Chapagain, R. Low Birthweight, Postpartum Depression, and Mother-Infant Bonding Within Six-Months of Postpartum Among Women Attending Immunization Clinics in Kathmandu, Nepal (Under Review)

Nepal, J., Chaudhary, K., Adhikari, B., Shrestha, A., Shrestha, A., **Pudasainee-Kapri, S.**, Rawal, S. Association of gestational weight gain rate with infant birth weight and cesarean delivery: A prospective study in Nepal (Revised and Resubmitted)

Shrestha, T., Pandey Bista, A., Joshi, S., **Pudasainee-Kapri, S.**, & Subedi, M. Unveiling Parents' Lived Experience with Preterm Infant Care and Support in Neonatal Care Units of Public Hospitals in Nepal: A Phenomenological Inquiry (Under Review)

3. *Manuscripts in Preparation/Work in Progress*

Pudasainee-Kapri, S., Pontes N. M., & Pontes M. (2023). Interactions between Asthma and Caregiver Incarceration on Anxiety and Depression Among US Children 6 to 17 years: NSCH. (Anticipated submission: 06/2024)

Pudasainee-Kapri, S., Li, Y., Kapri, K., Wiest, D, Fu, M., Hussain, M.. Asthma health disparities and trends of acute health care utilization among children and adolescents with asthma in South Jersey. (In Preparation: Anticipated submission: 07/2024)

Pudasainee-Kapri, S., Kapri, K., Valentine, J., Linz S. Social and clinical determinants of disparities in postpartum mental health and infant outcomes at birth and within six months postpartum in New Jersey (Anticipated 07/2024)

Shrestha, T., **Pudasainee-Kapri, S.**, Kapri, K., Associations among postpartum depression and parenting self-efficacy Among Nepalese postpartum mothers in Nepal: Role of birth weight and postpartum social support (Anticipated submission: 08/2024)

Pudasainee-Kapri, S. Shrestha, T., Kapri, K., Wunnenberg, M., Pandey A., Chapagain, R., & Chapagai, M. Social and clinical factors predicting maternal mental health and infant developmental outcomes in Nepal: A multi-site mixed-method study in Kathmandu, Nepal (Anticipated 07/2024)

Pudasainee-Kapri, S, Bhandari, B., Kandel, P., Bohora, S., & Rajbanshi, M. Systematic Review of Self-management Interventions for Asthma Control Among Children and Adolescents in Historically Marginalized and Low-Income Families (Anticipated 09, 2024)

Grant Activities

Internally Funded Completed and Ongoing Research Grants

- 2023 **Funding Agency:** Chancellor's Assistant Professor Research Development Grant, Rutgers University-Camden
Grant Title: Social and Clinical Determinants of Disparities in Perinatal Mental Health and Infant Outcomes at Birth and Within Six Months Postpartum In New Jersey
Funding Period: 07/01/2023-12/30/2024
Person Months: 0
Role: PI
Amount: \$19,000
- 2022 **Funding Agency:** Rutgers Global Health Institute, Rutgers University, Global Health Seed Grants
Grant Title: Impact of Social Factors and Birth Weight on Mental Health, Self-Efficacy, and Parent-Infant Bonding among Postpartum Mothers in Nepal
Funding Period: 05/01/2022-12/30/2024
Person Months: 0
Role: PI
Amount Awarded: \$10,000
- 2021 **Funding Agency:** Rutgers University, Committee on Institutional Equity and Diversity (CIED) Mini-Grant
Grant Title: Impact of Low Birth Weight on Post-Partum Depression, Parenting Self-Efficacy, and Mother-Infant Bonding
Funding Period: 07/01/2021 – 06/30/2022
Person Months: 0
Role: PI
Amount Awarded: \$5,000
Status: Completed
- 2020 Rutgers University, School of Nursing-Camden (SNC), Research start-up fund (Amount: \$5000)

Externally Funded Completed and Ongoing Research Grants

- 2022 **Funding Agency:** South Jersey Institute for Population Health
Grant Title: Factors Influencing Asthma Self-Management and Disparities in Asthma Control among Adolescents from Low-Income Minority Families
Funding Period: 04/2023-10/2024

Person Months: 0
Amount Awarded: \$35,000
Role: PI
Status: Funded

2021 **Funding Agency:** South Jersey Institute for Population Health
Grant Title: Southern New Jersey Perinatal Population Mental Health Data Hub
 A Project to Address Disparities in Maternal and Infant Well-Being in The
 Southern New Jersey Region
Funding Period: 04/2022-10/2023
Role: Co-PI (Valentine: PI)
Funded Amount: \$30,000
Status: Completed

2021 **Funding Agency:** South Jersey Institute for Population Health
Grant Title: South Jersey Longitudinal Data Project to Advance Health Equity
Person Months: 0
Funded Amount: \$20,000
Role: Co-PI (Weist: PI)
Funding Period: 04/2022-10/2023
Status: Completed

External Funding for Teaching

2022 **Funding Agency:** Bonner Foundation, “To Design and Support Engaged Civic
 Learning (ECL) courses/projects”
Funded Amount: \$2000
Role: PI

Postdoctoral Training/Experience

2022 NIH Health Disparities Research Institute Scholar (HDRI). OMB NUMBER:
 0925-0740
 Virtual Course: 08/15/2022 to 08/19/2022.
Project Title: Advancing Health Equity in Asthma Management among
 Adolescents from Low-Income Minority Families.

Employment History

Teaching-Related Experience

01/2020 – 05/2020 **Teaching Assistant**, Rutgers, The State University of New Jersey,
 School of Nursing-Camden, Camden, NJ
Course: 705:421: *ABS Research & Evidence-Based Practice in
 Nursing*

01/2019 – 05/2019 **Part-time Lecturer**, Rutgers, The State University of New Jersey,
 School of Nursing-Camden, Camden, NJ

08/2010 – 05/2012 **Course:** 705:339: ABS Wellness and Health Assessment Lab
Graduate Teaching Assistant, Syracuse University, NY
Courses:
 Research Methods in Child and Family Studies (multiple semesters)
 Developing Infant
 Prosocial and Moral Development among Children
 Work and Family in the 21st Century

Course Taught at Rutgers University Since Fall 2020

- 705:105: Seminar in Professional Nursing (Traditional BSN: Multiple Semesters)
- 705:153: Issues in Nursing, Health, and Health Care (RN to BS Program)
- 705: 336: ABS Seminar in Professional Nursing (ABS students: Multiple Semesters)
- 705:305: Nursing of Children & Adolescents-Theory (Traditional BSN: Multiple Sections)
- 58:705:673: Scholarly Seminar III (DNP Students: Multiple Sections)

Clinical Experience

09/2018 to 05/2020 Family Nurse Practitioner Clinical Rotations at Multiple Primary Care practice, Specialty Clinic, and School Health Clinics

Registered Nurse

12/2017 – 08/2020 Jefferson Washington Township Hospital, Turnersville, NJ
 03/2017 – 06/2018 Children’s Regional Hospital at Cooper, Camden, NJ
 10/2014 – 07/2016 St. Cloud Hospital, St. Cloud, MN
 07/2013 – 07/2014 Elmcrest Children's Center, Syracuse, NY
 03/2003 – 05/2008 Ministry of Health, Government of Nepal, Nepal
 09/2002 – 03/2003 Kanti Children’s Hospital, Kathmandu, Nepal
 08/2002 – 02/2003 Om Hospital and Research Center, Kathmandu, Nepal

Conference Presentations and Participation

Published Conference Proceedings

- Pudasainee-Kapri, S.** Shrestha, T., Wunnenberg, M., Pandey A., Gautam, P., Chapagain, R., Chapagai, M, & Gupta, P. (2024). Clinical and social factors contributing to postpartum mental health among women during 6-12 months of childbirth in Nepal: A mixed method study. *Nepal Health Research Library*.
<https://elibrary.nhrc.gov.np/handle/20.500.14356/2425>
- Pudasainee-Kapri, S.**, Pontes N. M., & Pontes M. (2023). Interactions between Asthma and Caregiver Incarceration on Anxiety and Depression Among US Children (6 to 17 years). *Nursing Research*, 72 (3), E149-E149.

- Pudasainee-Kapri, S.** Shrestha, T., Wunnenberg, M., Chapagai, M., & Chapagain, R. The Impact of Birth Weight on Postpartum Depression and Mother-Infant Bonding (2023). *Nursing Research*, 72 (3), E158-E158.
- Pudasainee-Kapri, S.**, Pontes N. M., & Pontes M. (05/01/2022). Additive interactions between asthma and gender on bullying victimization among us high school adolescents. *Nursing Research*, 71 (2), S52-S52.
- Pudasainee-Kapri, S.**, Pandey A., Yang, M., & Adhikary, D. P. (05/01/2022). Factors affecting the utilization of postnatal care services in first seven days of childbirth at public health facilities in Nepal. *Nursing Research*, 71 (3), S64-S65.
- Pudasainee-Kapri, S.** & Zhang Y. (2021). Early Sleep Routine, Emotional Regulation, and Attentional Outcomes: A Longitudinal Study among Children from Low-income Families. *Nursing Research*, 70 (3), E94-E94.
- Pudasainee-Kapri, S.** (05/01/2020). Developmental pathways between low birth weight and children's cognitive and socioemotional competence: The role of maternal warmth in early childhood. *Nursing Research*, 69 (3), E150-E150.
- Atkins, R., Kelly, T., Johnson, S., Gale, G., Joseph, P., Wunnenberg, M., Cresse, N.,
Pudasainee-Kapri, S., Pontes, N., & Deatrck, J. (05/01/2020). Factors that impact genetic (DNA) testing in multi-ethnic mothers from under-resourced communities. *Nursing Research*, 69 (3), E40-E40.

Refereed Presentations

- Pudasainee-Kapri, S.** Kapri, K., Valentine, J., & Linz, S. (10/2024). Social and Clinical Determinants of Postpartum Depression Among Women Within Two to Six Months of Childbirth in New Jersey: Evidence from the New Jersey Pregnancy Risk Monitoring System (PRAMS) Survey 2017-2021. Abstract accepted for paper presentation at the 38th Annual Conference of American Psychiatric Nurses Association (APNA) October 9-12, 2024, at Kentucky International Convention Center, Louisville, Kentucky.
- Wunnenberg, M., **Pudasainee-Kapri, S.**, Shrestha, T., Kapri, K. (10/2024). Factors Influencing Maternal Mental Health and Infant Outcomes among Women 6-12 Months Postpartum in Nepal: A mixed-methods exploration. Abstract accepted for paper presentation at the 38th Annual Conference of American Psychiatric Nurses Association (APNA) October 9-12, 2024, at Kentucky International Convention Center, Louisville, Kentucky
- Pudasainee-Kapri, S.** & Bhandari, S. (08/24). Opportunities and Challenges Among Nepalese Immigrant Nurses in the United States: Role of Professional Nurses Association. Abstract accepted for the paper presentation at the 24th International Nursing Ethics Conference (Theme: Ethics, Care & the Workforce 'Crisis' International, Interprofessional & Interdisciplinary Perspectives), at Brunel University London, UK, 30th to 31st August 2024

- Pudasainee-Kapri, S.**, Li, Y., Kapri, K., Wiest, D, Fu, M., Hussain, M. (07/2024). Health Disparities and Trends in Acute Care Utilization among Children with Asthma in South Jersey. **Paper presented** at *35th International Nursing Research Congress*, 25-28 July 2024, in Singapore (International Conference)
- Tumla, S., Pandey-Bista, A., Shrestha, S., **Pudasainee-Kapri, S.**, & Rana, M. (07/2024). Mixed-method Exploration of Nursing Care Practice for Preterm Infants in Neonatal Care Units of Hospitals in Nepal. **Paper presented** at *35th International Nursing Research Congress*, 25-28 July 2024, in Singapore. (International Conference)
- Pudasainee-Kapri, S.** Shrestha, T., Wunnenberg, M., Pandey A., Gautam, P., Chapagain, R., Chapagai, M, & Gupta, P. (04/11/24). Clinical and social factors contributing to postpartum mental health among women during 6-12 months of childbirth in Nepal: A mixed method study. **Paper** presented at the *Tenth Annual Summit of Health and Population Scientists in Nepal, NHRC, 04/10/2024-04/12/2024. (International Conference)*
- Shrestha, T., Pandey Bista, A., Joshi, S. **Pudasainee-Kapri, S.** & Subedi, M. (04/10/24). Parents lived experience with preterm infant care and support in Neonatal Care Units of Nepal: A phenomenological inquiry. **Poster** presented at the *Tenth Annual Summit of Health and Population Scientists in Nepal, NHRC, 04/10/2024. (International Conference)*
- Pudasainee-Kapri, S.** Shrestha, T., Kapri, K. (04/04/2024). Postpartum Depression, Maternal Self Efficacy, and Mother-infant bonding among Mothers Attending Immunization Clinic of Tertiary Hospitals in Kathmandu Nepal: Role of Birth Weight and Social Factors. **Poster** presented at the *Eastern Nursing Research Society, 36th Annual Scientific Sessions*, April 3-5, 2024.
- Pudasainee-Kapri, S.**, Li, Y., Kapri, K., Wiest, D, Fu, M., Hussain, M. (04/04/2024). Factors Influencing Asthma Health Disparities and Trends of ED Visits/Hospitalization among Children and Adolescents with Asthma in South Jersey. **Paper** presented at the *Eastern Nursing Research Society, 36th Annual Scientific Sessions*, April 3-5, 2024.
- Linz, S. & **Pudasainee-Kapri, S.**, (04/2024). Patient Perceptions of Barriers and Facilitators in the Treatment of Perinatal Depression. **Paper** presented at the *Eastern Nursing Research Society, 36th Annual Scientific Sessions*, April 3-5, 2024.
- Pudasainee-Kapri, S.**, Shrestha, T., Wunnenberg, M., Kapri, K., Chapagai, M., & Chapagain, R. (10/2023). Associations among Low Birth Weight, Postpartum Depression, and Mother-Infant Bonding Within Six-Months of Childbirth in Kathmandu, Nepal. **Paper** presented at the 2nd NRN Global Knowledge Convention in Kathmandu Nepal, October 17-18, 2023.
- Pudasainee-Kapri, S.** Shrestha, T., Dahan, T. Wunnenberg, M. (09/25/2023). Validation and Factor Structure of the Nepali Version of Postpartum Bonding Questionnaires Among

Postpartum Mothers in Kathmandu Nepal. **Paper** presented at 2023 National Nursing Conference for Nursing Scholars in Heritage Garden, Sanepa, Lalitpur-2, September 25 to 26, 2023.

Zhang, Y., **Pudasainee-Kapri, S.**, Madre, N., Vinluan, D., & Penne, A. (05/26/2023) Household Instability, Early Bedtime Routine, Emotional Regulation, and Attentional Outcomes: A Longitudinal Study among Children from Low-income Families. **Paper** presented at 2023 Association of Psychological Science (APS) Annual Convention, Washington, D.C., USA, May 25-28, 2023.

Pudasainee-Kapri, S., Pontes N. M., & Pontes M. (05/03/2023). Interactions between Asthma and Caregiver Incarceration on Anxiety and Depression Among US Children (6 to 17 years). **Paper** presented at the *Faculty Research and Creative Activity Symposium, Rutgers-Camden, May 3rd, 2023.*

Pudasainee-Kapri, S. Shrestha, T., Wunnenberg, M., Chapagai, M., & Chapagain, R. (04/11/2023). The Impact of Birth Weight on Postpartum Depression and Mother-Infant Bonding. **Poster** presented at the *Ninth Annual Summit of Health and Population Scientists in Nepal, NHRC, 04/10/2023-04/11/2024.*

Pudasainee-Kapri, S., Pontes N. M., & Pontes M. (03/2023). Interactions between Asthma and Caregiver Incarceration on Anxiety and Depression Among US Children (6 to 17 years). **Paper** presented at the *Eastern Nursing Research Society, 34th Annual Scientific Sessions, March 22 – March 24, 2023.*

Pudasainee-Kapri, S. Shrestha, T., Wunnenberg, M., Chapagai, M., & Chapagain, R. (03/2023). The Impact of Birth Weight on Postpartum Depression and Mother-Infant Bonding. **Paper** presented at the *Eastern Nursing Research Society, 34th Annual Scientific Sessions, March 22 – March 24, 2023.*

Pudasainee-Kapri, S., Pontes N. M., & Pontes M. (08/2022). Additive Interactions Between Asthma and Gender on Bullying Victimization among US High School Adolescents. Abstract Accepted for the **Paper** presentation at Sigma's 33rd International Nursing Research Congress, August 03 – August 05, 2022.

Pudasainee-Kapri, S. & Pandey A. Pandey A., Yang, M., & Adhikary, D. P. (08/2022). Factors Impacting the Utilization of Postnatal Care Services at Public Health Facilities in Nepal. Abstract Accepted for the **Poster** presentation at Sigma's 33rd International Nursing Research Congress, August 03 – August 05, 2022.

Pudasainee-Kapri, S., Pontes N. M., & Pontes M. (03/2022). Additive Interactions Between Asthma and Gender on Bullying Victimization among US High School Students. Abstract accepted for the **Paper** presentation at the *Eastern Nursing Research Society, 34th Annual Scientific Sessions, March 31 – April 1, 2022.*

Pudasainee-Kapri, S. & Pandey A. Pandey A., Yang, M., & Adhikary, D. P. (04/2022). Factors Affecting the Utilization of Postnatal Care Services in First Seven Days of Childbirth at Public Health Facilities in Nepal. Paper presented at the *Eastern Nursing Research Society, 34th Annual Scientific Sessions*, March 31 – April 1, 2022.

Pudasainee-Kapri, S. (11/2021). Implementation of Asthma Guidelines Education in Pediatric Primary Care: A Practice Improvement Project. Poster presented at 2021 Annual Education Day Conference organized by Forum of Nurses in Advanced Practice (FNAP) of the New Jersey State Nurses Association, November 12, 2021.

Pudasainee-Kapri, S. & Zhang Y. (06/2021). Longitudinal Links Between Early Sleep Routine, Emotional Regulation, and Behavioral Outcomes in Head Start Children. Paper presented at 2nd Annual Pediatrics & Neonatology Conference, June 29-30, 2021, New York, NY.

Pudasainee-Kapri, S. (04/2021). The Role of Child Gender in the Relationship Between Parental Education and Child Health Care Service Utilization in Nepal. Accepted (but not presented due to COVID) for Paper presentation at Seventh National Summit of Health and Population Scientists in Nepal, Organized by Nepal Health Research Council.

Pudasainee-Kapri, S. & Zhang Y. (04/2021). Longitudinal Links Between Early Sleep Routine, Emotional Regulation, and Behavioral Outcomes in Head Start Children. Poster presented at the *Biennial Conference for the Society for Research in Child Development*, April 7 - 9, 2021.

Pudasainee-Kapri, S. & Zhang Y. (03/2021). Early Sleep Routine, Emotional Regulation, and Attentional Outcomes: A Longitudinal Study among Children from Low-income Families. Poster presented at the *Eastern Nursing Research Society, 33rd Virtual Annual Scientific Sessions*, March 25 - 26, 2021

Pudasainee-Kapri, S. (03/2020). Developmental Pathways between Low Birth Weight and Children's Cognitive and Socioemotional Competence: The Role of Maternal Warmth in Early Childhood. Accepted (but not presented due to COVID) for poster presentation at *Eastern Nursing Research Society, 32nd Annual Scientific Sessions*, March 26-27, 2020.

Pudasainee-Kapri, S. & Razza, R. A. (04/2013). Associations among supportive coparenting, father engagement, and mother-child attachment: The moderating role of Race/Ethnicity. *Poster presented at Biennial Conference for the Society for Research in Child Development, Seattle, WA, April 2013.*

Invited/Keynote Presentations

Pudasainee-Kapri, S. (06/2023). **Paper** presented “*Overview of the Nurse Practitioners Program and its Feasibility in Nepal*” at the US-Nepal Policy Research Center, Webinars on the Feasibility of Nurse Practitioner Programs in Nepal on June 24, 2023.

Pudasainee-Kapri, S., Pontes N. M., & Pontes M. (05/2023). Interactions between Asthma and Caregiver Incarceration on Anxiety and Depression Among US Children (6 to 17 years). **Paper** presented at Annual Rutgers Research Week, Faculty Research and Creative Activity Symposium, May 03, 2023.

Pudasainee-Kapri, S. (07/2022). Postpartum Depression and Parent-Infant Outcomes. Paper presented at *Tribhuvan University, Maharajgunj Nursing Campus, Nepal, July 14, 2022* (Invited Speaker).

Pudasainee-Kapri, S. (11/2021). Impact of the Implementation of Asthma Management Practice Guidelines in Pediatric Primary Care. *Nepalese American Nurses Association, 9th Annual Seminar, November 20, 2021* (Invited Speaker).

Pudasainee-Kapri, S. (06/2021). COVID-19 Pandemic: Child Health, Wellbeing, and Child Protection. Provincial dialogue on child protection and child case management at health institution in an emergency situation in Nepal (Lumbini Province), June 5, 2021 (Invited Speaker).

Pudasainee-Kapri, S. (05/2021). COVID-19 Pandemic: Child Health, Wellbeing, and Child Protection. *Provincial dialogue on child protection and child case management at health institution in an emergency situation in Nepal* (Bagmati Province), May 27, 2021 (Invited Speaker).

Pudasainee-Kapri, S. (03/2021). Maternal and Child Health Nursing Practice in the United States. *Pediatric Nurses Association of Nepal (PNAN), 3rd Annual Day Seminar, March 6, 2021* (Invited Speaker).

Pudasainee-Kapri, S. (12/2020). Impact of COVID-19 Pandemic on Children's Health and Wellbeing. *Nepalese American Nurses Association (NANA), 8th Annual Seminar December 18, 2020* (Keynote Speaker).

Pudasainee-Kapri, S. (11/2018). Cultural Competency in Health Care. *Nepalese American Nurses Association (NANA), 6th Annual Seminar, November 3, 2018* (Invited Speaker).

Pudasainee-Kapri, S. (07/2017). The Role of parenting Processes in the Association between Moderate Low Birth Weight and Children's Academic and Socioemotional Competence. *Tribhuvan University, Maharajgunj Nursing Campus, Nepal, July 15, 2017* (Invited Speaker).

Other Presentations, Conference/Webinars Participation, Interviews, Lectures, Expert Panels, & Demonstrations

Valentine, J., **Pudasainee-Kapri, S.**, Kapri, K., & Linz, S. (05/2024). Postpartum Depression in New Jersey Counties and Regions 2021: Screening Results at Birth and 2-4 months

Postpartum. Paper presented with New Jersey Department of Health, MCH Epidemiology and Center for Health Statistics on 05/29/24.

Pudasainee-Kapri, S. Shrestha, T., Wunnenberg, M., Pandey A., Gautam, P., Chapagain, R., Chapagai, M, & Gupta, P. (04/2024). Clinical and social factors contributing to postpartum mental health among women during 6-12 months of childbirth in Nepal: A mixed method study. Paper presented at TUTH with Clinical Staff of TUTH and KCH Immunization Clinics and Research Team members of Rutgers Global Health Grant Project in Kathmandu Nepal, 04/12/2024. (*International Meetings*)

Pudasainee-Kapri, S. (01/2024). Highlights of current activities and future planning of Nepalese American Nurses Association. Paper presented at the *Nepalese American Nurses Association, 12th Annual Seminar on January 13, 2024*, Queens NY.

Conference Participation: 2023 Virtual NIH Grants Conference & PreCon Events, February 1-2, 2023.

Pudasainee-Kapri, S. (08/2021). Health Professional Panel Presentation, organized by Doctoral Students of Syracuse University Department of Human Development and Family Science. (Invited Speaker/Panel Member)

Linz, S., **Pudasainee-Kapri, S.**, & Cypress, B. (04/2021). “Diversity, Equity, and Inclusion, What Our Students Had to Say.” Presented at Faculty Organization meeting, Rutgers University, School of Nursing-Camden.

Pudasainee-Kapri, S. (04/2021). Served as a Nursing Facilitator for Virtual Interprofessional Team Experience Learning Event, April 22, 2021. Organized by Rutgers University Interprofessional Practice, Education, and Innovation partnering with regional pharmacy, medical, social work, and PA programs.

Linz, S., **Pudasainee-Kapri, S.**, & Cypress, B. (04/2021). Conducted workshops entitled “Diversity, Equity, and Inclusion” among Undergraduate and Graduate Nursing Students from Diverse Backgrounds at Rutgers University, School of Nursing-Camden.

National Minority Quality Forum Annual Leadership Virtual Summit on Health Disparities and Health Braintrust; 4/27/2021 to 4/28/2021 (Participation in the Conference and 40 Under 40 Leaders in Minority Health Award Reception).

Pudasainee-Kapri, S. (2018). Attended AACN Faculty Development Conference, as part of Johnson & Johnson-AACN Minority Nurse Faculty Scholarship, November 14-15, 2018. New Orleans, LA (Conference Participation).

Pudasainee-Kapri, S. (2017). Low Birth Weight and Developmental Vulnerability: The Role Parenting and Socio-demographic Factors. *US-Nepal Policy Research Center, 2nd Annual Conference, Springfield, VA, September 2017.*

Honors and Awards

2024-2025	Early Career Faculty Fellow, Institute for the Study of Global Racial Justice, Rutgers University
2024	2024 Chancellor's Award for Diversity, Inclusion, and Community Engagement, Rutgers University–Camden
2024	Diversity, Equity, and Inclusion Faculty Award, Rutgers School of Nursing-Camden
2023	Certificate of Best Oral Presentation, National Nursing Conference for Nursing Scholars, School of Nursing and Midwifery, Sanepa, Lalitpur, Nepal
2023	Nurse Faculty Rising Star Award, Rutgers University, School of Nursing-Camden
2022	2022 Health Disparities Research Institute (HDRI) Scholar, National Institute on Minority Health and Health Disparities (NIMHD)
2022	Certificate of Achievement, Nepalese American Nurses Association, 9 th Annual Seminar of NANA, December 17, 2022
2022	Engaged Civic Learning (ECL) Faculty Fellow, Office of Civic Engagement, Rutgers University-Camden
2021	Certificate of Appreciation for Dedicated Service, School of Nursing-Camden
2021	Certificate for Lifelong Learning in Inclusive & Equitable Teaching, Presented by The Center for Teaching Advancement & Assessment Research and the University Equity and Inclusion Office, Rutgers University
2021	Strategic Poster Award – Exemplifying Interdisciplinary Research related to Children’s Development, Society for Research in Child Development
2021	40 Under 40 Leaders in Minority Health Award, National Minority Quality Forum
2021-22	Program for Early Career Excellence Scholar (PECE), Office for Faculty Development, Rutgers, The State University of New Jersey
2020	Certificate of Appreciation, Nepalese American Nurses Association
2020	Certificate of Recognition, Community Leadership Center, Rutgers University-Camden
2019	Johnson & Johnson-AACN Minority Nurse Faculty Scholarship, American Association of Colleges of Nursing
2018	Johnson & Johnson-AACN Minority Nurse Faculty Scholarship, American Association of Colleges of Nursing
2018	Nurse Faculty Loan Awards, Rutgers University, School of Nursing-Camden
2017	Human Development and Family Science Doctorate Award for Research Excellence, Syracuse University
2016	The Dean Edith Smith Dissertation Award, Syracuse University
2015	Outstanding Newbie Award, St. Cloud Hospital, St. Cloud MN
2013	Travel Grant Award for the SRCD Biennial Conference Presentations, Graduate Student Organization, Syracuse University
2012	Graduate Student Master’s Prize, Syracuse University
2012	Syracuse University Graduate Fellowship, Syracuse University
2010 - 2012	Graduate Assistantship, Department of Human Development and Family Science, Syracuse University

Certifications/Licenses

- Registered Professional Nurse # 26NR18884800 (NJ) (Issue Date: 8/29/2016, Status Active)
- Registered Professional Nurse # RN690578 (PA)
- Advanced Practice Nurse (APN) # 26NJ01088900 (NJ) (Issue Date: 12/09/2020, Status: Active)
- Family Nurse Practitioner-Board Certified (FNP-BC) # 2020038538 (American Nurse Credentialing Center (ANCC): Certification Date: 08/2020; Status Active)
- Certified Pediatric Nurse (CPN) # 20161810 (Pediatric Nursing Certification Board (PNCC): Certification Date: 06/15/2016, Status: Active)
- Certificate of Advanced Study (CAS) in Global Health (05/2014), Syracuse University
- Certificate for Lifelong Learning in Inclusive & Equitable Teaching (2021), Rutgers University
- Hypothesis Certified Educator (2023) (<https://www.credential.net/e3d7fbca-e5ed-409b-b278-9854a4a5f2d3#gs.ugg2er>)

Affiliation and Membership

- Life Member, Maharajgunj Nursing Campus Alumni Association
- Member, Society of Scholars, New Jersey Alliance for Clinical and Translational Science (NJACTS) (04/2023 to present)
- Member, New Jersey Kids Study (2022-2023)
- Member, ENRS Qualitative Rig (2021-Present)
- Member, Sigma Theta Tau International Honor Society of Nursing (2206411, Eta Mu Chapter: 178, 2020 to present)
- Member, Eastern Nursing Research Society (ENRS)
- Member, Society for Research in Child Development (SRCD)
- Member, US-Nepal Policy Research Center (USNPRC)
- Life member, Nepalese American Nurses Association (NANA)
- Life Member, Nursing Association of Nepal (NAN)
- Member, Graduate Nursing Student Academy (GNSA) (2018-2022)

Academic Service

1. Rutgers University (University-wide)

2020-Present	Member, Chancellor's Advisory Council on Undocumented Students
2022-2024	Member, Chancellor's Committee on Climate Action Working Group
2023-2024	Research Advisory Committee (RAC) for the New Jersey Integrated Population Health Data (iPHD) Project

2. Rutgers University, School of Nursing – Camden (SNC) Committee

2020-2023	Member, Long Range Planning Committee
2021-Present	Member, Graduate and Professional Program Committee
2021-2022	Member, Strategic Planning Steering Committee
2023- Present	Member, Faculty Affairs and Faculty Development Committee
2023- Present	Member, ACQUIRE Advisory Board

2024 to Present	Member, DNP Project Taskforce
2023-2024	Member, SNC 50th Anniversary Advisory Committee
2023- Present	Member, Advisory Board for the Increase and Diversify Education Abroad for U.S. Students (IDEAS) grant

3. Professional Service at Rutgers University/SNC

04/2023	Faculty Volunteer, Admitted Students Day, SNC
2020-2022	DNP Prospective Students Interviews, SNC
2021	Faculty Volunteer at COVID Vaccine Clinic in Camden NJ
2020-2021	Faculty Volunteer for DNP Information Sessions, SNC

4. Supervision for Doctoral Students' DNP Project

DNP Chair

02/2023 to 05/2024	DNP Chair, Mandeep Kaur, DNP Project Title: <i>“A Quality Improvement Project to Enhance Outcomes of South Asian Diabetic Clients in a Primary Care Practice Within Southern New Jersey”</i> Rutgers, School of Nursing-Camden
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DNP Committee Member

02/2024- Present	DNP Committee Member, Leah Nagle, DNP Project Title: <i>“Implementing Anxiety Screening in Pediatric Primary Care in Southern New Jersey: A Quality Improvement Project”</i> Rutgers, School of Nursing-Camden
02/22-05/2023	DNP Committee Member, Nilesh Modi, DNP Project Title: <i>“Implementing Integrative Practices in an Adult Day Care Setting: A DNP Project Translating Evidence into Practice”</i> Rutgers, School of Nursing-Camden
01/20-12/22	DNP Committee Member, Deyanery Solis, DNP Project Title: <i>“Implementation of an Evidence-Based Burn Risk Assessment Tool: A Quality Improvement Project”</i> Rutgers, School of Nursing-Camden

External Service

1. Research Manuscript Reviewer

2020 – present	International Journal of Nursing and Health Care Research
2020 – present	Journal of Pediatric Nursing: Nursing Care of Children and Families (JPN)
2021 – Present	World Journal of Pediatrics (WJOP)
2022 – Present	Journal of Nursing Education of Nepal (JONEN)
2023 – Present	Journal of Health and Allied Sciences (JHAS)

2. Professional and Community Service (External)

2024 to 2026	Steering Committee Member, New Jersey Pregnancy Risk Assessment Monitoring System (NJ PRAMS)
05/2024	Session Facilitator, NANA Virtual Webinar on <i>Opportunities and Challenges of Nepalese Nurses in the United States</i> , National Nurses Week, May 9 th , 2024
04/2024	Sessions Moderator: ENRS Conference 2024, Annual Scientific sessions

05/2023	Session Moderator: NANA Virtual Webinar on <i>Next-GEN NCLEX and Clinical Judgement</i> , National Nurses Week, May 9 th , 2023
01/2024	Chairing of the Annual seminar, NANA 12 th Annual Seminar, NY
12/2023	Seminar Planning, NANA 12 th Annual Seminar
04/2023	Sessions Moderator: ENRS Conference 2023, Annual Scientific sessions
12/2022	Seminar Planning, NANA 11 th Annual Seminar, NY
2021 to Present	Member ENRS Qualitative Rig
2022 – 2024	President, Nepalese American Nurses Association (NANA)
2022 – 2023	Immunological Health, Asthma, & Allergies Working Group Member, New Jersey Kids Study
2020 – 2022	Executive Board Member, Nepalese American Nurses Association (NANA)
02/2018 – 08/2020	Member, EBP/Research Council Committee, Jefferson Health, NJ
04/2018 – 05/2020	Clinical Practice Guidelines Champion and EPIC Superuser, Jefferson Health, NJ
01/2018 – 06/2019	Member, Unit Council Committee, Jefferson Washington Township Hospital
01/ 2015 – 07/ 2016 MN	Member, Patient Satisfaction Committee, St. Cloud Hospital, St. Cloud, MN
08/2015 – 07/2016	Member, Healthy Work Environment Committee, St. Cloud Hospital, St. Cloud, MN
01/2015- 07/2016 MN	Member, Integrative Therapy Committee, St. Cloud Hospital, St. Cloud, MN
08/2012 – 04/2017	Member, Student Council on Family Relations, Syracuse University
02/2016- 04/2016	Clinical Preceptor for Capstone Student, St. Cloud Hospital, St. Cloud, MN

Media Presence

Enepalese.com news (01/15/2024). Nepalese American Nurses Association (NANA) 11th Annual Seminar Concluded in New York.

[HTTPS://WWW.ENEPALESE.COM/2024/01/412722.HTML](https://www.enepalese.com/2024/01/412722.html)

NEPAL NEWS (07/05/2023). Feasibility of Nurse Practitioner Programs in Nepal discussed.

<https://nepalnews.com/s/nation/feasibility-of-nurse-practitioner-programmes-in-nepal-discussed>

New Jersey 101.5 news (03/12/2023). NJ hospitals are taking on shortage of asthma medicine. Interview reports with NJ 101.5 news channel. <https://nj1medicine.nj-looking-at-alternatives-conservation-to-take-on-shortage-of-asthma-med/>

E-Nepalese News (06/17/2023). Feasibility of Nurse Practitioner Programs in Nepal. Speaker announcement and interview.

<https://www.enepalese.com/2023/06/391084.html?fbclid=IwAR1vXRQcWo5lu2IIFPm4hHd22nMQYYiCuVIawDLjhGQDG0O8SKubGIDyX1U>

Rutgers News (05/11/2022): *Rutgers Global Health Institute News, Faculty Launch Diverse Projects to Confront Health Inequities.* <https://globalhealth.rutgers.edu/news/global-health-seed-grants-2022/>

Rutgers Foundation News (04/08/2022). *Preparing Tomorrow's Nurse Educators*.
<https://support.rutgers.edu/news-stories/category/news-and-stories/impact-reports/>

American Kahani Newsletter (04/15/2021). *40 Under 40 Leaders in Health: 7 South Asian Americans in National Minority Quality Forum's List*.
<https://americankahani.com/community/40-under-40-leaders-in-health-7-south-asian-americans-in-national-minority-quality-forums-list/>

National Minority Quality Forum, Press Release (03/11/2021), *National Minority Quality Forum Announces 2021 "40 Under 40 Leaders in Minority Health" Award Recipients*.
<https://www.nmqf.org/nmqf-media/nmqf-40under40-2021>

Rutgers-Camden News (2019): *New Minority Nurse Faculty Scholar Has a Passion for Children's Health Care*. <https://nursing.camden.rutgers.edu/news/new-minority-nurse-faculty-scholar-has-passion-childrens-health-care>

Skills

Computer: SPSS, AMOS, STATA, M-Plus, e-MAR, EPIC, SORIAN, Microsoft Office (Word, Excel, and PowerPoint), CANVAS, BLACKBOARD

Teaching-Related: Proficient in Canvas learning management system, Exam soft, ATI testing, and academic skills products

Language and Cultural Competency: Nepali (Fluent), English (Fluent), Hindi (Beginner)

References: Available upon request

Last Updated: 08/2024