
Kristen E. Riley, Ph.D.

Kristen.Riley@Rutgers.edu

Current Position:

Assistant Professor, Graduate School of Applied and Professional Psychology, Rutgers University, September 2018-

Behavioral Medicine: Integration of psychological care in medical settings (primary care & cancer)

Specialization in smoking cessation, insomnia treatment, and dissemination & implementation

Clinical supervision, research supervision, and teaching of graduate students (Psy.D. and Ph.D.)

Director, Health Psychology Clinic, Center for Psychological Services

Affiliate, Psychology Department, School of Arts & Sciences, Rutgers University

Affiliate, Center of Alcohol and Substance Use Studies, Rutgers University

Associate, Center for Tobacco Studies, Rutgers University

Member, Center for Excellence in Cancer Survivorship, Rutgers Cancer Institute of New Jersey

Member, Cancer Prevention and Control, Rutgers Cancer Institute of New Jersey

Education:

University of Connecticut

Ph.D., Clinical Psychology, August 2016

Health Psychology Concentration

Dissertation: A Daily Diary Study of Rumination and Health Behaviors

Advisor: Crystal L. Park. Co-advisors: J.P. Laurenceau, Dean G. Cruess, Seth. C. Kalichman

University of Connecticut

M.A., Clinical Psychology, December 2012

Master's Thesis: Negative Event Appraisals, Rumination, and Adjustment

University of Delaware

B.S., Honors Degree with Distinction, Psychology, June 2010

Minors: Spanish, Cognitive Science, Business Certificate

Senior Thesis: Rejection Sensitivity and Daily Rumination to Interpersonal Stressors

Postdoctoral

Training:

Postdoctoral Fellow, Memorial Sloan Kettering Cancer Center, July 2016-July 2018

NIH NCI T32: Cancer Prevention and Control

Primary Advisor: Jamie S. Ostroff, Ph.D.

Secondary Advisor: Jennifer L. Hay, Ph.D.

Tobacco Treatment Program

Health behavior decision making: Rumination, superstition, & stigma

Dissemination & implementation science

Co-Chief Fellow 2017-2018

Research Description: Stress, Coping, & Health. How people get stuck in their head (rumination), how that impacts their health (health behavior decision making), and how to get them out of that rut (stress management and health behavior [smoking] interventions). With a focus on cancer prevention, implementation science, and health equity.

Leadership, Service:

Steering Committee for the Rutgers Institute for the Study of Global Racial Justice ([ISGRJ](#)) "Health Humanities, Communications, and Informatics Working Group," 2023-

Life Sciences Alliance Provost Strategic Taskforce, Rutgers-New Brunswick, 2023-

Awards Committee, Center for Tobacco Studies, 2022-2024
 SBM Cancer SIG DEI Health Equity Task Force, 2021-2023
 Psychological First Aid for Healthcare Workers in the Pandemic Colloquium by Julian Ford,
 Organizer, 2020
 Moderator, Joining Forces Interprofessional Training, Office of Interprofessional Programs, Rutgers
 University, 2021
 Editorial Advisory Board Member, Behavioral Medicine, 2020-
 Chair, Health Policy Council, Society for Health Psychology, APA, 2019-2021
 Rutgers GSAPP Faculty Lead, Get Out The Vote NCSPP Initiative, 2020-2020
 Member, Rutgers Consortium for Clinical Research on Addictions, 2019-2021
 Advisory Board, Committee on Diversity, GSAPP, Rutgers University, 2020-
 Co-Chair, Committee on Diversity, GSAPP, Rutgers University, 2018-2020
 Interprofessional Education Faculty Advisory Council (IPEFAC), Rutgers University 2018-2021
 Integrated Health Committee, Nicholson Foundation Grant, Rutgers University, 2018-2021
 Health Research Council Representative, Health Policy Council, SfHP, APA, 2017-2019
 Health Policy Liaison and Secretary, Health Research Council, SfHP, APA, Society for Health
 Psychology, Div 38, APA, 2016-2019
 Facilitator, Compassionate smoking cessation for cancer patients training, R25, Memorial Sloan
 Kettering Cancer Center, 2017-2018
 Program Reviewer, Society for Health Psychology, American Psychological Association Conference,
 2016-2020
 Program Reviewer, Society for Behavioral Medicine (SBM) Health Decision Making SIG, 2016-
 Student Affiliate, Center for Health, Intervention, and Prevention, Cancer Research Interest
 Group, University of Connecticut 2010-2016
 Student Volunteer, Primary Care Training Task Force, APA, 2014-2015
 Member, Connecticut Psychological Association Integrated Care Task Force, 2014-2015
 Clinical Psychology Representative, Graduate Student Advisory Committee, University of
 Connecticut, 2013-2015
 Peer Advisor & Curriculum Consultant, University of Delaware Psychology Department, 2007-2010
 President, Psi Chi National Honors Society, University of Delaware Chapter, 2008-2010

Grants:

1. **HRSA Graduate Psychology Education Grant (2023-2026).** *Integrated care and SUD internship program (RUISIP).* Co-Investigator. (PD Holly Lister, Co-PI Stephanie Marcello). \$1,350,000 awarded.
2. **LUNgevity Health Equity for Communities Grant (2022-2025).** *CBPR intervention to decrease lung cancer stigma and health disparities.* Principal Investigator. (Co-Investigators Dr. Jamie Ostroff, Dr. Lisa Carter-Harris, Dr. Karen D'Alonzo). \$250,000 awarded.
3. **HRSA Integrated Substance Use Training Program Grant (2021-2026).** *Rutgers University Integrated SUD Training Program (RUISTP).* Consultant. (PD: Holly Lister, Co-PI: Stephanie Marcello). \$2,750,000 awarded.
4. **Cancer Prevention and Control (CPC) Research Stimulus Small Award Program (2021-2023).** *Testing Step UP! SOS as a way to increase multidisciplinary collaborations and reduce tobacco-related stigma in cancer prevention.* Principal Investigator. (Co-Investigators Dr. Ann Bagchi, Dr. Luis Alzate-Duque, Dr. Michael Steinberg). \$5,000 awarded.
5. **Faculty Innovation Grant (2021-2022).** *Health Psychology Clinic: Integrated Clinical Care and Research.* Principal Investigator. \$1,100 awarded.
6. **Rutgers GSAPP Faculty Grant (2020-2022).** *Assessing health professionals' knowledge of mental health providers on interdisciplinary teams and professional identity threat: Towards greater behavioral health integration, less burnout, and more reach in medical settings in the face of a national pandemic.* Principal Investigator. (Co-Investigator Dr. Susan Forman). \$4,000 awarded.

7. **TCORS FDA Grant in Tobacco Regulatory Science (2019-2021).** *Loss versus gain framed tobacco public health campaigns for lung cancer patients experiencing stigma.* Principal Investigator. (Co-Investigators Dr. Olivia Wackowski, Dr. Joseph Cappella, Dr. Lesia Ruglass, Dr. Lisa Carter-Harris, Dr. Jamie Ostroff). \$11,500 awarded.
8. **Nussbaum Grant (2019-2021).** *Keeping Black mothers alive: Reducing health disparities in severe maternal mortality and morbidity with an mhealth intervention.* Co-Investigator. (PI Dr. Ernani Sadural). \$17,800 awarded
9. **Nicholson Foundation Grant (2019-2021).** *Fully Integrated Healthcare Training: Developing a Sustainable Pipeline of Healthcare Professionals for New Jersey, for the Nation, and for the Future.* Consultant. (Integrated Healthcare Steering Committee; PI UBHC). \$1,500,000 awarded.

Awards: NIH R01 Grant Writing Fellowship, Rutgers University, 2023
 COVID Impact on Scholarly Productivity Faculty Grant Program, 2021
 Society of Behavioral Medicine Early Career Conference Award, 2021
 Faculty Champion of Interprofessional Education and Collaborative Practice, Office of Interprofessional Programs, 2021
 Faculty Writing Fellowship, GSAPP, Rutgers University, 2021
 Scholar, Program for Early Career Excellence, Rutgers University, 2019-2021
 Scholar, OBSSR Summer Institute on Randomized Behavioral Clinical Trials, 2017
 Doctoral Dissertation Award, University of Connecticut, 2015
 Cum Laude, University of Connecticut, 2016
 Cum Laude, University of Delaware, 2010
 Warner & Taylor Award for Most Outstanding Senior in Psychology, University of Delaware, 2010

Publications:

1. Sadural, E., **Riley, K. E.**, Zha, P., & Miller, R. (2022). Experiences with a postpartum mHealth intervention during the COVID-19 pandemic: Qualitative study. *Journal of Medical Internet Research*. <https://doi.org/10.2196/37777>
2. **Riley, K. E.**, Jabson Tree, J.M., Valera, P., Hall, E., El-Sharkawy, K., & Giles, M. (2022). Smoking cessation in LGBT populations: A scoping review and recommendations for public health. *Annals of LGBTQ Public and Population Health*.
3. Ostroff, J. S., Banerjee, S., Lynch, K., Shen, M. J., Haque, N., Williamson, T., **Riley, K.**, Hamann, H. A., Rigney, M., & Park, B. (2022). Assessing Smoking Status and Advising Smokers Diagnosed with Lung Cancer to Quit Smoking: De-Stigmatizing Lessons Learned from Qualitative Patient Interviews. *Patient Education and Counseling (PEC) Innovation, 1*. <https://doi.org/10.1016/j.pecinn.2022.100025>
4. **Riley, K. E.**, Park, C. L., Wong, C. C. Y., Russell, B. (2021). Mindfulness and self compassion buffer rumination's effect on health behaviors. *International Journal of Cognitive Therapy*.
5. Braun, T.D., Ph.D., Schifano, E.D., Ph.D., Finkelstein-Fox, L., M.S., Park, C.L., Ph.D., Conboy, L.A., Sc.D., M.S., Deshpande, R., M.A., **Riley, K.E.**, Ph.D., Lazar, S.W., Ph.D. (2021). Yoga Participation Associated with Changes in Dietary Patterns and Stress: A Pilot Study in Stressed Adults with Poor Diet. *Complimentary Therapies in Clinical Practice*. doi: 10.1016/j.ctcp.2021.101472
6. **Riley, K. E.**, Sussman, A., Schofield, E., Guest, D., Dailey, Y. T., Schwartz, M. R., Buller, D. B., Hunley, K., Kaphingst, K. A., Berwick, M., & Hay, J. L. (2021). Effect of Superstitious Beliefs and Risk Intuitions on Genetic Test Decisions. *Medical Decision Making*. doi: 10.1177/0272989X211029272

7. Braun, T.D., **Riley, K.E.**, Kunicki, Z., Schifano, E.D., Finkelstein-Fox, L., Park, C.L., Conboy, L.A., Deshpande, R., & Lazar, S.W. (2021). Internalized weight stigma and intuitive eating among stressed adults during a mindful yoga intervention: associations with changes in mindfulness and self-compassion. *Health Psychology and Behavioral Medicine*, *19*, 933-950. doi: 10.1080/21642850.2021.1992282
8. Mirpuri, S. J., **Riley, K. E.**, & Gany, F. (2021). Taxi drivers and modifiable health behaviors: Is stress associated?. *Work: A Journal of Prevention, Assessment, and Rehabilitation*. doi: 10.3233/WOR-213549
9. **Riley, K. E.**, Garland, S. N., Mao, J. J., Applebaum, A. J., Li, S. Q., Gehrman, P. R., & DuHamel, K. N. (2021). Hyperarousal and insomnia in survivors of cancer. *International Journal of Behavioral Medicine*. <https://doi.org/10.1007/s12529-021-09962-4>
10. Williamson, T., **Riley, K. E.**, Carter-Harris, L., & Ostroff, J. O. (2020). Changing the language of how we measure and report smoking status: Implications for reducing stigma, restoring dignity, and improving the precision of scientific communication. *Nicotine & Tobacco Research*, *22*(12), 2280–2282. <https://doi.org/10.1093/ntr/ntaa141>
11. **Riley, K. E.**, Park, C. L., Tigershtrom, A., & Laurenceau, J-P. (2020). Predictors of health behaviors during a college national championship sports event: A daily diary study. *Journal of American College Health*, 1-9. <https://doi.org/10.1080/07448481.2020.1719110>
12. Mala, J., McGarry, J., **Riley, K.E.**, Lee, E. C.-H., & Distefano, L., (2020). The Relationship Between Physical Activity and Executive Functions Among Youth in Low-Income Urban Schools in the Northeast and Southwest of the United States. *Journal of Sport & Exercise Psychology*. Advance online publication. doi: 10.1123/jsep.2019-0111.
13. Williamson, T. J., Kwon, D. M., **Riley, K. E.**, Shen, M. J., Hamann, H. A., & Ostroff, J. S. (2020). Lung cancer stigma: Does smoking history matter? *Annals of Behavioral Medicine*, *54*(7), 535-540. <https://doi.org/10.1093/abm/kaz063>
14. **Riley, K. E.**, Park, C. L., Cruess, D. G., Tigershtrom, A., Laurenceau, J-P. (2019). Anxiety and depression predict the paths through which rumination acts on health behaviors: A daily diary study. *Journal of Social and Clinical Psychology*, *38*(5), 429-436. <https://doi.org/10.1521/jscp.2019.38.5.409>
15. **Riley, K. E.** (2019). So where do I start? How to get involved in Health Policy. Health Policy Corner. *The Health Psychologist*, 1-3. <https://div38healthpsychologist.com/2019/07/10/so-where-do-i-start-how-to-get-involved-in-health-policy/>
16. **Riley, K. E.**, & Hay, J. L., Waters, E. A., Biddle, C., Schofield, E., Li, Y., Orom, H., & Kiviniemi, M. T. (2019). Lay Beliefs about Risk in Relation to Risk Behaviors and to Probabilistic Risk Perceptions. *Journal of Behavioral Medicine*, *42*(6), 1062–1072. <https://doi.org/10.1007/s10865-019-00036-1>
17. Ostroff, J. S., **Riley, K. E.**, Shen, M. J., Atkinson, T. M., Williamson, T.J., & Hamann, H. A. (2019). Lung cancer stigma and depression: Validation of the Lung Cancer Stigma Inventory. *Psycho-oncology*, *28*(5), 1011–1017. <https://doi.org/10.1002/pon.5033>
18. **Riley, K. E.**, Park, C. L., & Laurenceau, J-P. (2018). A Daily Diary Study of Rumination and Health Behaviors: Modeling Moderators and Mediators. *Annals of Behavioral Medicine*, *53*(8), 743–755. <https://doi.org/10.1093/abm/kay081>
19. Finkelstein-Fox, L., Park, C. L., **Riley, K. E.** (2018). Mindfulness' effects on stress, coping, and mood: A daily diary goodness-of-fit study. *Emotion*, *19*(6), 1002–1013. <https://doi.org/10.1037/emo0000495>
20. Ostroff, J. S., **Riley, K. E.**, & Dhingra, L. (2018). Smoking Cessation and Cancer Survivors. *Handbook of Cancer Survivorship*. Springer.

21. Park, C. L., Elwy, A. R., Maiya, M., Sarkin, A. J., **Riley, K.**, Eisen, S. V., ... Groessler, E. J. (2018). The Essential Properties of Yoga Questionnaire (EPYQ): Psychometric Analysis. *International Journal of Yoga Therapy*, 28(1), 23–38. <https://doi.org/10.17761/2018-00016R2>
22. Hamann, H. A., **Riley, K. E.**, & Ostroff, J. S. (2017). Lung cancer survivorship needs assessment. *Psycho-Oncology*, 26, 86-88. Doi: 10.1002/pon.4476
23. **Riley, K. E.**, Ulrich, M. R., Hamann, H. A., Ostroff, J. S. (2017). Decreasing Smoking but Increasing Stigma?: Anti-tobacco Campaigns, Cancer Patients, and Public Health. *AMA Journal of Ethics*, 19, 475-485. <https://doi.org/10.1001/journalofethics.2017.19.5.msoc1-1705>
24. Hay, J. L., **Riley, K. E.**, & Geller, A. C. (2017). Tanning and teens: Is indoor exposure the tip of the iceberg? *Cancer Epidemiology, Biomarkers, & Prevention*, 26, 1170-1174. <https://doi.org/10.1158/1055-9965.epi-17-0095>
25. **Riley, K. E.**, Lee, J. S., Safren, S. A. (2017). The relationship between automatic thoughts and depression in a CBT-AD intervention for people living with HIV/AIDS (PLWHA): Exploring temporality and causality. *Cognitive Therapy and Research*. <https://doi.org/10.1007/s10608-017-9839-8>
26. **Riley, K. E.**, Park, C. L., Wilson, A., Sabo, A., Antoni, M.H., Harris, A., Braun, T. D., Harrington, J., Reiss, J., Pasalis, E., Harris, A., & Cope, S. (2016). Improving physical and mental health in frontline healthcare providers: Yoga-based stress management versus Cognitive Behavioral Stress Management. *Journal of Workplace Behavioral Health*, 32(1), 26–48. <https://doi.org/10.1080/15555240.2016.1261254>
27. Park, C. L., **Riley, K. E.**, George, L., Hale, A., Cho, D., Guitierrez, I., & Braun, T. D. (2016). Assessing Disruptions in Meaning: Development of the Global Meaning Violation Scale. *Cognitive Therapy and Research*, 40, 831-846.
28. Park, C. L., **Riley, K. E.**, Braun, T. D., Jung, J. Y., Suh, H. G., Antoni, M. H., & Pescatello, L. S. (2016). Yoga and cognitive-behavioral interventions to reduce stress in incoming college students: A pilot study. *Journal of Applied Biobehavioral Research*.
29. Park, C. L., **Riley, K. E.**, Braun, T. D. (2016). Practitioners' perceptions of yoga's impact and positive and negative effects: Results of a national survey. *The Journal of Bodywork and Movement Therapies*, 20, 270-279.
30. Groessler, E. J., Maiya, M., Elwy, A. R., **Riley, K. E.**, Sarkin, A. J., Eisen, S. V., Braun, T. D., Gutierrez, I., Kidane, L., Park, C. L. (2015). The Essential Properties of Yoga Questionnaire: Development and methods. *International Journal of Yoga Therapy*, 25, 51-59.
31. **Riley, K. E.**, & Park, C. L. (2015). How does yoga reduce stress? A systematic review of proposed mechanisms of change and guide to future inquiry. *Health Psychology Review*, 3, 379-396.
32. **Riley, K. E.** & Kalichman, S. C. (2014). Mindfulness Based Stress Reduction for people living with HIV/AIDS populations: Preliminary review of intervention trial methodologies and findings. *Health Psychology Review*.
33. Park, C.L., Groessler, E.J., Maiya, M., Sarkin, A., Eisen, S.V., **Riley, K.**, & Elwy, A.R. (2014). Comparison groups in yoga research: a systematic review and critical evaluation of the literature. *Complementary Therapies in Medicine*, 22, 920-929.
34. **Riley, K. E.** & Park, C. L. (2014). Problem-focused vs. meaning-focused coping as mediators of the appraisal-adjustment link. *Journal of Social and Clinical Psychology*, 33, 587-611.
35. Park, C. L., Groessler, E., Maiya, M., Sarkin, A., Eisen, S., **Riley, K. E.**, & Elwy, E. R. (2014). Comparison groups in yoga research: A systematic review and critical evaluation of the literature. *Annals of Behavioral Medicine*.

36. Park, C. L., **Riley, K. E.**, Bedesin, E. Y., & Stewart, V. M. (2014). Why practice yoga? Practitioners' motivations for adopting and maintaining yoga practice. *Journal of Health Psychology, 21*, 887-896.
37. Elwy, R. A., Groessl, E. J., Eisen, S. V., **Riley, K. E.**, Maiya, M., Lee, J. P., Sarkin, A., & Park, C. L. (2014). A systematic scoping literature review of yoga intervention components and intervention quality. *American Journal of Preventative Medicine, 47*, 220-232.
38. Park, C. L., **Riley, K. E.**, Bedesin, E. Y., & Stewart, V. M. (2013). What do yoga students want? Discrepancies between perceptions of real and ideal yoga teachers and their relations with emotional well-being. *International Journal of Yoga Therapy, 23*, 53-57.
39. **Riley, K. E.**, Park, C., Marks, M., & Braun, T. (2012). Characteristics of yoga practice in an undergraduate student sample. *BioMed Central (BMC) Complementary and Alternative Medicine, 12* 346-347.
40. Park, C. L., **Riley, K. E.**, Snyder, L. B. (2012). Meaning making coping, making sense, and posttraumatic growth following the 9/11 terrorist attacks. *Journal of Positive Psychology, 7*, 198-207.
41. **Riley, K. E.** (2011). "Benefit Finding." *Encyclopedia of Behavioral Medicine*. Springer Publishing.

Works in Progress:

1. Sadural, E., Zha, P., **Riley, K.**, & Miller, R. (Under review). Postpartum patient engagement mHealth intervention during COVID-19.
2. **Riley, K. E.** (In preparation). Integrated behavioral health into primary care: An implementation blueprint for a healthcare system-wide rollout.
3. **Riley, K. E.**, Hamann, H., Shen, M., & Ostroff, J. S. (In preparation). Forgiveness and lung cancer stigma in diverse smokers.
4. **Riley, K. E.**, Wackowski, O., Cappella, J., Carter-Harris, K., Ruglass, L., Valdespino, M., Stern, M., & Ostroff, J. S. (In preparation). Lung cancer stigma intervention paper. Lung cancer stigma to loss- and gain-framed smoking cessation advertising.
5. **Riley, K. E.** & Forman, S. (In preparation). Assessing health professionals' knowledge of mental health providers on interdisciplinary teams and professional identity threat.

Presentations:

1. George, G.E, **Riley, K. E.**, Garcia, K., & Shernoff, E. (August 2023), Trauma and Health Outcomes Among an Ethnically Diverse Child and Adolescent Foster Care Sample. Poster presented at the American Psychological Association 2023 Convention. Washington D.C., Virginia.
2. **Riley, K. E.** (September 2022). Invited to present NCI Global Cancer Stigma Research Workshop, *though out on maternity leave*. National Cancer Institute, Virtual.
3. **Riley, K. E.**, Wilson, D., Resnicow, K., Freedland, K., & Biglan, T. (August 2021). Elevating Behavioral Science. Symposium presented at the American Psychological Association Conference, Virtual.
4. **Riley, K. E.**, Olex, M., Losada, T., & Odafe, M. (August 2021). Medical Decision Making: Current Considerations about Capacity. Symposium presented at the American Psychological Association Conference, Virtual.

5. **Riley, K. E.**, Wackowski, O. A., Cappella, J. N., Carter-Harris, K., Ruglass, L. M., Valdespino, M., Stern, M., & Ostroff, J. S. (April, 2021). Lung cancer stigma intervention paper. Lung cancer stigma to loss- and gain-framed smoking cessation advertising. Research Talk presented at Society for Behavioral Medicine Conference, Virtual.
6. **Riley, K. E.** (November, 2020). Lung cancer stigma. Research Talk presented at the Rutgers Cancer Institute-Princeton University Annual Cancer Research Symposium, Virtual.
7. **Riley, K. E.**, Ghassemzadeh, S., Terhune, J., Fluehr, M., & Buschmann, M. L. (November, 2020). Integrating psychological services across a healthcare system: An implementation science pilot study. Poster presented at Association for Behavioral and Cognitive Therapies Conference, Virtual.
8. **Riley, K. E.** Adult Integrated, Interprofessional Behavioral Health. With Drs. Susan Forman and Erum Nadeen. (August, 2020). Symposium presented at GSAPP Beautiful Mind Conference, Virtual.
9. **Riley, K. E.** How to get engaged in Health Policy (August, 2020). Symposium will presented at American Psychological Association Conference, Virtual.
10. Williamson, T., Kwon, D., **Riley, K. E.**, Hamann, H. A., Ostroff, J. S. (April, 2020). Lung cancer stigma: Does smoking history matter? Paper will be presented at the Society of Behavioral Medicine Conference, San Francisco, CA.
11. **Riley, K. E.**, Hamann, H. A., Carter-Harris, L., Studts, J. L., Park, E., & Ostroff, J. S. (August, 2019). Impact of smoking-related stigma in lung cancer: Implications for behavior change, health, and society. Symposium presented at the American Psychological Association Conference, Chicago, IL.
12. **Riley, K. E.**, Hay, J. L., White, K., Sussman, A., Guest, D., Schofield, E., Li, Y., Kaphingst, K., Hunley, K., & Berwick, M. (March, 2019). Cognitive causation beliefs, negative affect in risk perception, and responses to skin cancer genetic test offer. Poster presented at the Society of Behavioral Medicine Conference, Washington, DC.
13. **Riley, K. E.**, Jabson, J., M., Giles, M., & El-Sharkawy, K. D&I Conference. (December, 2018). Smoking cessation interventions for LGBTW populations: As scoping review and recommendations for dissemination and implementation. Poster presented at the Dissemination & Implementation Conference, Washington, DC.
14. **Riley, K. E.**, Orom, H., Waters, E. A., Biddle, C., Schofield, E. A., Li, Y., Kiviniemi, M. T., Chen, X., Hay, J. L. (April, 2018). *Examining the Role of Lay Risk Beliefs in the Risk Perception-Health Behavior Relationship*. Poster was presented at the Society of Behavioral Medicine Conference, New Orleans, LA.
15. **Riley, K. E.** Shaffer, K. M., Carlsson, S., & Ostroff, J. O. (December, 2017). *Scoping review of dissemination and implementation strategies for distress screening in cancer centers*. Poster presented at the Dissemination & Implementation Conference, Washington, DC.
16. **Riley, K. E.**, & Ostroff, J. S. (December, 2017). *Recommendations for reach and engagement in smoking cessation trials in cancer centers*. Poster presented at the Dissemination & Implementation Conference, Washington, DC.
17. T.D. Braun, C.L. Park, L. Finkelstein-Fox, M.L. Schneider, L.A. Conboy, E. Schifano, **Riley K. E.**, J. Greenberg, S.W. Lazar. (July, 2017). *Mindful Yoga-Based Stress Management: A Preliminary Test of Psychosocial Mechanisms*. Poster to be presented at 38th Stress Anxiety and Resilience Conference, Hong Kong.
18. **Riley, K. E.**, Hamann, H. A., Shen, M., & Ostroff, J. S. (April, 2017). *Forgiveness as a buffer to lung cancer stigma*. Poster presented at the Society of Behavioral Medicine Conference, San Diego, CA.
19. **Riley, K. E.**, Laurenceau, J-P., & Park, C. L. (April 2017). *Depression and anxiety predicting rumination's impact on health behaviors: A daily diary study*. Poster presented at the Society of Behavioral Medicine Conference, San Diego, CA.

20. Li, Y., Schofield, E., **Riley, K. E.**, Hay, J. (March 2017). *Understanding the maintenance of sun protection behaviors of individuals at risk of melanoma*. Poster presented at the Society of Behavioral Medicine Conference, San Diego, CA.
21. **Riley, K. E.**, Rodriguez-Diaz, M., Widerstrom-Noga, E. (March 2017). *Exercise promotes resilience to pain in people with spinal cord injury*. Poster presented at the Society of Behavioral Medicine Conference, San Diego, CA.
22. **Riley, K. E.** & Park, C. L. (August 2016). *Mindfulness increases adaptive health behaviors through self distancing: A daily diary study*. Poster presented at the American Psychological Association Conference, Denver, CO.
23. Gowda, S., Rogers, B. G., **Riley, K. E.**, Wallace, D. M., & Wohlgemuth, W. K. (June 2016). *Chronic pain is associated with poor PAP adherence*. Poster presented at the Sleep Conference, Denver, CO.
24. **Riley, K. E.** & Park, C. L. (April 2016). The Importance of Daily Diary Methodology for Health Behaviors: Rumination as a Predictor of Health Behaviors. In C. L. Park (Chair), *Digging deeper: Using daily diary studies to capture within and between person predictors of health behaviors*. Symposium conducted at the Society of Behavioral Medicine Conference, Washington, D.C.
25. Cho, D., Park, C. L., & **Riley, K. E.** (April 2016). *What moderates the associations between physical activity and healthy diet?: A preliminary study*. Poster presented at the Society of Behavioral Medicine Conference, Washington, D.C.
26. **Riley, K. E.** & Park, C. L. (April 2015). *Predictors of health behaviors during a college national championship sports event*. Poster presented at the Society of Behavioral Medicine Conference, San Antonio, TX.
27. Gutierrez, I. A., Park, C. L., Groessl, E. J., Sarkin, A., **Riley, K. E.**, & Maiya, M. (April 2015). *Yoga, politics, and religion: How American yogis' social attitudes compare to national averages*. Poster presented at the Society of Behavioral Medicine Conference, San Antonio, TX.
28. Park, C. L., **Riley, K. E.**, Wilson, A., Sabo, A., Harrington, J., Reiss, J., Pasalis, E., & Cope, S. (September 2014). *Yoga versus CBSM for healthcare providers' physical and mental health*. Poster presented at the Symposium on Yoga Research, Stockbridge, MA.
29. **Riley, K. E.**, Park, C. L., Wilson, A., Cope, S. (September 2014). *A work-based Yoga vs CBSM intervention for mental health professionals*. Poster presented at the Symposium on Yoga Research, Stockbridge, MA.
30. **Riley, K. E.** & Park, C. L. (August, 2014). *Rumination and extreme views: Getting stuck in your head, getting stuck in your own perspective*. Poster presented at the American Psychological Association Conference, Washington, DC.
31. Park, C. L., & **Riley, K. E.** (May, 2014). *Practitioners' Perceptions of Yoga's Impact and Positive and Negative Effects: Results of a National Survey*. Poster presented at the International Research Congress for Integrative Medicine and Health Conference, Miami, FL.
32. **Riley, K. E.** & Park, C. L. (April, 2014). *Rumination and health behaviors in college students*. Poster presented at the Society of Behavioral Medicine Conference, Philadelphia, PA.
33. Park, C. L., Elwy, A. R., Groessl, E., Sarkin, A., Maiya, M., Eisen, S., **Riley, K. E.**, & Braun, T. D. (April, 2014). *Systematic review of control groups in yoga interventions*. Poster presented at the Society of Behavioral Medicine Conference, Philadelphia, PA.
34. **Riley, K. E.** & Park, C. L. (November, 2013). *Appraisals of centrality and intrusive thoughts: Ongoing events in a college sample*. Poster presented at the meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.

35. Jung, J.Y., Suh, H.G., Braun, T.D., **Riley, K.E.**, Park, C.L., Pescatello, L.S. (November, 2013). *The influence of yoga and a stress management intervention on physical activity and function among first-year students*. Poster presented at the New England Chapter of American College of Sports Medicine Conference, Providence, RI.
36. **Riley, K. E.**, Park, C. L., Bedesin, E. B., & Stewart, M. S. (June, 2013). *Reasons for starting and continuing yoga*. Poster presented at the meeting of the Symposium of Yoga Research, Boston, MA.
37. Braun T. D., Park, C. L., Pescatello, L. S., **Riley, K. E.**, Trehern, A., Davis, M. B., & Mastronardi, M. L. (June, 2013). *Interoceptive awareness and vegetable intake after a yoga and stress management intervention*. Poster presented at Symposium on Yoga Research. Boston, MA.
38. **Riley, K. E.**, Braun, T. D., Park, C. L., Pescatello, L. S., Jung, J.Y., & Suh, H.G., Davis, M. B., Trehern, A. E., & Mastronardi, E. L. (June, 2013). *Yoga and stress management may buffer against sexual risk taking behavior increases in college freshmen*. Poster presented at the meeting of the Symposium of Yoga Research, Boston, MA.
39. **Riley, K. E.**, Park, C. L. (May, 2013). *Change in cognitive appraisals: Ongoing stressors in a college population*. Poster presented at the meeting of the Association for Psychological Science, Washington, DC.
40. Elwy A. R., Groessl, E. J., Eisen, S. V., **Riley, K. E.**, Maiya, M., Sarkin, A., Park, C. L. (March, 2013). *Using evidence synthesis and qualitative data to identify a framework for evaluating yoga interventions*. Poster presented at the Society of Behavioral Medicine annual conference, San Francisco, CA.
41. **Riley, K. E.**, Park, C. L. (August, 2012). *Moderational models of stress appraisal, rumination, and depression*. Paper presented at the meeting of the American Psychological Association, Orlando, FL.
42. **Riley, K. E.**, Park, C. L., Marks, M., Braun, T. (May, 2012) *Characteristics of yoga practice in an undergraduate student sample*. Poster presented at Integrative Medicine & Health Conference, Portland, Oregon.
43. Park, C. L., **Riley, K. E.**, Stewart, M. S., Bedesin, E. B., Braun, T. (May, 2012). *National surveys show lower well-being among yogis yet efficacy trials show favorable results: Does dose-response resolve the contradiction?* Poster presented at Integrative Medicine & Health Conference, Portland, Oregon.
44. Stewart, V. M., Besedin, E. Y., Park, C. L., & **Riley, K. E.** (September, 2011). *Who practices yoga? And what kind? And how much? Results of an internet survey*. Poster presented at the Symposium on Yoga Research, Stockbridge, MA.
45. Besedin, E. Y., Stewart, V. M. Park, C. L., & **Riley, K. E.** (September, 2011). *Who teaches yoga? Yoga teachers demystified*. Poster presented at the Symposium on Yoga Research, Stockbridge, MA.
46. **Riley, K. E.**, Park, C. L., Besedin, E. Y., & Stewart, V. M. (September, 2011). *Yoga state of body and mind: Wellbeing of yoga users compared to national samples*. Poster presented at the Symposium on Yoga Research, Stockbridge, MA.
47. Park, C. L., Besedin, E. Y., Stewart, V. M., & **Riley, K. E.** (September, 2011). *What do yoga students want? Perceptions of real vs. ideal yoga teachers*. Poster presented at the Symposium on Yoga Research, Stockbridge, MA.
48. **Riley, K. E.**, Park, C. L., Mills, M. A. Litz, B., Salters-Pedneault, K. (August, 2011). *Unwanted intrusive thoughts: A prospective analogue study of risk and protective factors*. Paper presented at the meeting of the American Psychological Association, Washington, D.C.
49. Losavio, S. T., Cohen, L. H., **Riley, K. E.**, & Parrish, B. P. (May, 2010). *Meaning-making from daily stressors*. Paper presented at the meeting of the Association for Psychological Science, Boston, MA.

50. **Riley, K.E.**, LoSavio, S. T., Parrish, B. P., & Cohen, L. H. (April, 2010). *Rejection sensitivity and daily rumination to interpersonal stressors*. Poster presented at the Psi Chi Philadelphia Area Research Conference, Philadelphia, PA.

Policy:

Health Policy Council, Society for Health Psychology, APA, Chair, 2019-2020

Health Policy Council, Society for Health Psychology, APA, Research Council Representative, 2017-2019

1. Fitzpatrick, S., Tucker, C., Schneider, K., Ruiz, J., & **Riley, K. E.** (2021). Comment on National Institute of Health to End Structural Racism in Biomedical Research. Approved by Health Policy Council and Society for Health Psychology Presidential Trio at the American Psychological Association.
2. **Riley, K. E.** & Pecora, K. (2020). Comment on National Institute of Mental Health Strategic Plan for Research. Approved by Health Policy Council and Society for Health Psychology Presidential Trio at the American Psychological Association.
3. **Riley, K. E.** & Health Policy Council (2020) Comment on NIH Five Year Strategic Plan Outline. Approved by Health Policy Council and Society for Health Psychology Presidential Trio at the American Psychological Association.
4. Korte, P., & **Riley, K. E.** (2020). Comment on Office of Behavioral and Social Science Research Five Year Strategic Plan Initiatives. Approved by Health Policy Council and Society for Health Psychology Presidential Trio at the American Psychological Association.
5. Buscemi, J., Fitzpatrick, S., Kobor, P., Korte, P., & **Riley, K. E.** (2020). How to Write A Health Policy Brief Powerpoint.
6. **Riley, K. E.** & Health Policy Council (2020). Society for Health Psychology COVID-19 Resources for Patients, Clinicians, and Families <https://societyforhealthpsychology.org/sfhp-news/sfhp-covid-19-resources/>
7. **Riley, K. E.** (2020). Anticipating mental health needs for traumatized frontline healthcare providers during and after the COVID-19 crisis.
8. Wiley, J. & **Riley, K. E.** (2017). Comment on Stress & Health Disparities Report, American Psychological Association. Approved by Health Policy Council and Society for Health Psychology Presidential Trio at the American Psychological Association.
9. **Riley, K. E.** & Ranak, T. (2019). Comment on Professional Practice Guidelines for the Implementation of Evidence-Based Psychological Practice. Approved by Health Policy Council and Society for Health Psychology Presidential Trio at the American Psychological Association.
10. Health policy briefs from students in courses taught disseminated: **84** (as of Winter 2021).

Clinical Experience:

Licensed, State of New Jersey 2018

Licensed, State of New York 2017

Director, Health Psychology Clinic, GSAPP Center for Psychological Services, Piscataway, NJ, 2018-

- Cognitive Behavioral Therapy for Insomnia (CBT-I), liaising with Robert Wood Johnson (RWJ) Sleep Medicine Service (with Dr. Matt Scharf, MD, Director of Sleep Medicine)
- Tobacco treatment with Robert Wood Johnson (RWJ) and Cancer Institute of New Jersey (CINJ) Tobacco Dependence Program (with Donna Richardson, LCSW, and Dr. Michael Steinberg, MD, Director of the Tobacco Dependence Program)
- Psycho-Oncology (with Cancer Institute of New Jersey)

Supervisor, Center for Psychological Services, New Brunswick, NJ, 2018-

- Advanced clinical cases with a health psychology and/or behavioral medicine focus
- Using evidence based cognitive behavioral strategies
- Focus on Acceptance and Commitment Therapy
- Focus on the Interpersonal Process in Therapy

Clinician, Counseling Center, Memorial Sloan Kettering Cancer Center, New York, NY, 2017-2018

- Stress Management & Smoking Cessation Specialty Clinic
- Tobacco Treatment Program at MSKCC

Research Clinician, Memorial Sloan Kettering Cancer Center, New York, NY, 2016-2018

- Cognitive Behavioral Therapy for Insomnia (CBTi) for Cancer Patients (PI: Jun Mao, M.D., Supervised by: Kate DuHamel, Ph.D.)
- Pilot Study, Cognitive Behavioral Therapy for Insomnia (CBTi) for Caregivers (PI: Allison Applebaum, Ph.D.)
- Meaning Centered Psychotherapy for Bereaved Parents (PI: Wendy Lichtenthal, Ph.D.)

Internship, Health Psychology, Miami VA Healthcare System, Miami, FL, July 2015-July 2016

- Consultation and Liaison Services: diagnostic assessment and referral, short term psychotherapy, solid organ transplant and pre-surgical evaluations, Mindfulness-Based Coping Skills group leader
 - o Inpatient and Outpatient Referrals (depression, anxiety, PTSD, cancer care)
- Integrated Primary Care: Warm Handoffs, Short Term Psychotherapy, Health Promotion Disease Prevention Groups, Mindfulness Group
- Sleep Medicine: Assessment and Diagnosis of Sleep Disorders, Individual and Group Psychotherapy and Psychoeducation
- Spinal Cord Rehabilitation: Medical Inpatient and Outpatient Individual Psychotherapy, Multiple Sclerosis Group
- PTSD Residential Unit: Group and Individual Psychotherapy, Prolonged Exposure
- 8 Integrated Assessments: Cognitive and Personality Diagnostic Assessments
 - o Standard Battery: WAIS, TOMM, MMPI-2, Sentence Completion, SCID, Psychosocial Interview
 - o Serious mental illness, depression, PTSD, personality disorders, ADHD
- 12 Outpatient Individual Psychotherapy Cases, including 2 Spanish-Speaking
 - o Depression, anxiety, serious mental illness, cancer care

External Clerkship, VA Connecticut Healthcare System, Newington, CT, September 2014-May 2015

- Smoking Cessation/Substance Abuse Treatment Program
 - o Supervisor Judith Cooney, Ph.D.
 - o Smoking Cessation
 - Facilitator of month long smoking cessation group
 - Case manager for individual smoking cessation patients
 - Assisted with integrating smoking cessation services into primary care
 - o Substance Abuse Day Treatment Program
 - Created and facilitated “Learning How to Sleep without Substances” Insomnia group
 - Facilitated coping skills and mindfulness groups
- Behavioral Health in Primary Care
 - o Supervisor Lindsey Dorflinger, Ph.D. (Health Behavior Coordinator)
 - o Short term individual psychotherapy for health behavior change and coping
 - Weight management, insomnia, cancer, pain

External Clerkship, Helen & Harry Gray Cancer Center, Hartford Hospital, Hartford, CT, September 2013-June 2014

- Supervisor: Ellen Dornelas, Ph.D.
- Psychotherapy with cancer patients
- Coordination of care with medical professionals and care teams
- Young adult cancer survivor support group co-creator and leader

External Clerkship, Division of Health Psychology, Department of Psychiatry, Institute of Living, Hartford Hospital, Hartford, CT, September 2013-June 2014

- Supervisor: Jennifer Ferrand, Psy.D.
- Psychotherapy: patients with pain, weight, or chronic health issues
- Bariatric surgery psychological assessments and coordination of care with weight loss surgery team

Graduate Student Assessment Clinician, Psychological Services Clinic, University of Connecticut, Storrs, CT, Fall 2010-Summer 2015

- Four Learning Disorder Assessments (Adults; Two ADHD, Reading LD, Math LD)
- Two Personality Assessments (Adults; Borderline Personality Disorder, Asperger's)

Graduate Student Research Clinician, Cognitive behavioral stress management (CBSM) for freshman women in STEM (adapted with permission), University of Connecticut, 2014

Graduate Student Therapist, Psychological Services Clinic, University of Connecticut, Storrs, CT, Fall 2011- Summer 2013

- One year Adult Psychotherapy Practicum
 - o Fall 2011-Summer 2012
 - o Clients age 18-67 years old
 - o Supervisor: Julie Fenster, PhD
 - o Interpersonal, DBT, CBT orientation
 - o Patients presenting with: depressive symptoms (MDD, adjustment disorder), anxiety symptoms (GAD, OCD, hoarding), posttraumatic stress symptoms, hoarding, borderline personality features, and distress related to a general medical condition (cancer, pain)
- One year Child & Family Psychotherapy Practicum
 - o Fall 2012-Summer 2013
 - o Clients age 11-17 years old
 - o Supervisor: Sarah Hodgson, Ph.D.
 - o Family Systems, CBT orientation
 - o Patients presenting with developmental trauma disorder symptoms, depressive symptoms, anxiety, adjustment disorder (sexual orientation, divorce), pain

Undergraduate Intern, Cancer Support Community, Philadelphia, PA, Summer 2009, Winter 2010

- Nonprofit international organization dedicated to providing support, education, and hope to people affected by cancer through programs, psychotherapy, support groups, and an online community
- Organized programs for cancer patients, observed clinician group support meeting

Undergraduate Intern, Project H.O.M.E., Philadelphia, PA, Summer 2009

- Nonprofit organization in Philadelphia providing affordable housing, employment, healthcare, education to homeless Philadelphians
- Organized activities for homeless and recently homed children ages K-3 in a summer day camp

Undergraduate Intern, Council for Relationships, Philadelphia, PA, Summer 2009

- Nonprofit organization to increase the quality of relationships through psychotherapy
- Observed therapy sessions, scheduled and checked in patients, office management

Undergraduate Intern, Kennedy Health System, Cherry Hill, NJ, Summer 2008.

- Patient Service Representative. Increased patient satisfaction scores with calls and problem-solving post-discharge. Initiated an hourly rounding initiative on inpatient floors
- Attended hospital administration meetings

Undergraduate Intern, Wilmington Psychiatric Services, Wilmington, DE, Spring 2008

- Private group practice. Administrative management, observed and assisted in therapy sessions

Supervision of Graduate Student Therapists

Director, Health Psychology Clinic, Rutgers GSAPP Center for Psychological Services, 2020-

- Supervised PhD and PsyD students conducting:
 - o Cognitive Behavioral Therapy for Insomnia in conjunction with Dr. Matthew Scharf, Director of the Sleep Clinic, Robert Wood Johnson (RWJ) Hospital
 - o Tobacco Cessation with the Tobacco Dependence Program at RWJ and CINJ
 - o Psycho-Oncology psychotherapy, partnering with CINJ

Faculty Supervisor, Robert Wood Johnson Hospital, 2019-

- Supervised PhD and PsyD students conducting psychotherapy in the Child Health Institute's Obesity Clinic, English and Spanish

Faculty Supervisor, Rutgers University, Center for Psychological Services, 2018-

- Supervised PhD and PsyD students conducting psychotherapy in the Center for Psychological Services
- English and Spanish
- Focus on Health Psychology and Sexual and Gender Minorities

Intern Supervisor, Miami VA Healthcare System, 2015-2016

- Supervised graduate student practicum students in: Spinal Cord Injury Unit, Consultation & Liaison Service, and Primary Care Mental Health Integration

Student Supervisor, Psychological Services Clinic, University of Connecticut, 2014

- Supervisor: Dean Cruess, Ph.D.
- CBT orientation
- Supervised 4 students conducting psychotherapy; group and individual supervision
- Observed psychotherapy sessions, edited clinical reports

Student Supervisor, Psychological Services Clinic, University of Connecticut, 2014

- Supervisor: Julie Fenster, Ph.D.
- Interpersonal, DBT, CBT orientation
- Supervised 4 students conducting psychotherapy; group and individual supervision
- Observed psychotherapy sessions, Edited clinical reports
- Received didactic training once a week about supervision with the Director of Clinical Training and two other student supervisors

Training:

Microinequities: Impact and Interventions training, Tyler Clemente Center for Diversity Education and Bias Prevention, Rutgers University, 2023
 Integrating DEI into the Syllabus training, Dr. Milton Fuentes and DICE Rutgers, Spring 2023
 Introduction to the Multiphase Optimization Strategy (MOST), NYU, Virtual, Spring 2023
 Effective Teaching and Learning Conference, Rutgers, Spring 2023
 Universal Design for Learning and Inclusive Teaching, Rutgers, Summer 2021
 Assessment Strategies for Teaching and Learning, Rutgers, Summer 2021
 Yoga Teacher Training, RYT200, Yoga Farm, Summer 2021
 Opportunities for Examination of Structural Racism and other Social Determinants of Health to Advance Health Equity through Implementation Science, NCI, Virtual, Summer 2021
 Third Annual Consortium for Cancer Implementation Science (CCIS), Virtual, Summer 2021
 Training Institute for Dissemination and Implementation Research in Cancer (TIDIRC) Open Access training, Summer 2021
 Beck Institute, CBT for Depression, and CBT for Anxiety, Summer 2021
 Practicalities of multiphase optimization strategy (MOST): How to effectively & efficiently conduct and optimization trial, SBM preconference workshop, Spring 2021
 Decolonizing Psychology Training Conference, Columbia University, Spring 2021
 Teaching Online: An Introduction to Online Delivery, Quality Matters, Online Course, Summer 2020
 Teaching and Learning with Technology (TLT) Series for Rutgers GSAPP, New Brunswick, NJ, Summer 2020
 NCI Implementation Science Consortium in Cancer, Washington, DC, Summer 2019
 Cognitive Behavioral Therapy & Hypnosis for Cancer Fatigue Training, New York, NY, Fall 2017
 Summer Institute, Randomized Behavioral Trials, NIH/OBSSR, Warrenton, VA Summer 2017
 Summer Institute, Intensive Longitudinal Modeling, Penn State, State College, PA, Summer 2017
 Meaning Centered Psychotherapy Training, NCI R25, New York, NY, Fall 2016
 Cognitive Behavioral Therapy and Hypnotherapy (CBTH), NCI R25, New York, NY, Fall 2016
 Cognitive Behavioral Therapy for Insomnia (CBTi), New York, NY, Fall 2016
 Acceptance and Commitment Therapy Training, Miami VA, Miami, FL, Fall 2015

Motivational Interviewing in Primary Care Two-Day Training, CT VAMC, Newington, CT, Fall 2014
 Integrated Care Partners Conference, Hartford Healthcare, Hartford, CT Fall 2014
 Spanish for Healthcare Delivery, Philadelphia, PA, Summer 2014
 Mindfulness Based Stress Reduction, Philadelphia, PA, Summer 2014
 Integrated Behavioral Health Lecture Series, Storrs, CT, Spring 2014
 Behavioral Activation Training, 8 weeks, Storrs, CT, Fall 2014
 PTSD Treatment for Children Two-Day Training, Storrs, CT, Summer 2011

Training

Facilitator: Tobacco Cessation Interventions for Psychologists, Virtual Continuing Education, GSAPP, Rutgers University, 2020-
 Certified Tobacco Treatment Specialist Training, Facilitator, Rutgers University, 2020-
 Introduction to Cognitive Behavioral Therapy for Insomnia for Psychologists, Virtual Continuing Education, GSAPP, Rutgers University, 2020-
 Tobacco Treatment in Cancer Centers R25, Program Facilitator, MSKCC, 2016-2018

Ad- Hoc Reviewer (representative journals):

Health Psychology Review
 Mindfulness
 Nicotine & Tobacco Research
 AIDS & Behavior
 International Journal of Yoga Therapy
 Journal of Alternative and Complementary Medicine
 Journal of Clinical Psychology
 Anxiety, Stress, & Coping

Statistical Packages/Skills: SPSS, AMOS, HLM, R, Stata, MPlus

Linear mixed modeling, structural equation modeling, hierarchical linear modeling
 Intensive longitudinal modeling: moderation, mediation, moderated mediation

Language Skills: Spanish (fluent: write, read, translate)

Professional Affiliations:

American Psychological Association, Division 38: Health Psychology
 Society for Behavioral Medicine, Cancer SIG, Health Decision Making SIG

Invited Lectures:

1. **Riley, K. E.** (August 2021). White Coats For Black Lives Racial Equity Training: Facilitator training (How to talk about race as a white facilitator), Mindfulness meditation seminar for racial equity and wellbeing. Rutgers New Jersey Medical School. Newark, NJ
2. **Riley, K. E.** (July, 2020). Mindfulness during a pandemic. Rutgers Wellness Webinar Series, New Brunswick, NJ (Virtual online format).
3. **Riley, K. E.** (June, 2020). Stress & coping during a pandemic. Rutgers Wellness Webinar Series, New Brunswick, NJ (Virtual online format).
4. **Riley, K. E.** (April, 2020). Health disparities and superstitious thoughts in genomic testing: A skin cancer genetic testing study. Society of Behavioral Medicine Grand Rounds, Sponsored by the Health Decision Making Significant Interest Group, Chicago, IL (Virtual online format).
5. **Riley, K. E.** (April, 2020). Smoking cessation and lung cancer stigma: Dilemmas, solutions, and newest

research. EAS Seminar, Center for Drug and Alcohol Studies, Rutgers University, Piscataway, NJ (Virtual online format).

6. **Riley, K. E.** (December, 2017). *Intensive Longitudinal Modeling*. Quantitative Statistics Seminar, Memorial Sloan Kettering Cancer Center, New York, NY.
7. **Riley, K. E.** (March, 2017). *Meaning-Centered Psychotherapy*. University of Connecticut Psychology Department Lecture Series, Storrs, CT.
8. **Riley, K. E.** (February, 2015). *Psychological, social, and biological foundations of behavior*. Medical College Admission Test (MCAT) Preparatory Course, University of Connecticut, Storrs, CT.
9. **Riley, K. E.** (April, 2014). *Smoking Cessation*. Pulmonary/Respiratory Therapy Guest Lecture, University of Hartford, Hartford, CT.
10. **Riley, K. E.** (April, 2014). *Coping*. Health Psychology Guest Lecture, University of Connecticut, Hartford Campus, West Hartford, CT.
11. **Riley, K. E.** (March, 2012). *Stress and coping research*. Abnormal Psychology Guest Lecture, University of Connecticut, Storrs, CT.
12. **Riley, K. E.** (June, 2011) *The science of yoga research*. Abnormal Psychology Guest Lecture, University of Connecticut, Storrs, CT.

Teaching and Program Development:

1. **Program Development**, Graduate School of Applied and Professional Psychology, Piscataway, NJ, 2019-
 - Health Psychology Specialization, Spring 2020
 - Health Psychology course, Fall 2019
 - Diversity syllabus statement, Spring 2018
2. **Faculty Instructor**, Graduate School of Applied and Professional Psychology, Piscataway, NJ, 2019-
 - CBT for Anxiety & Depression, Fall 2021-
 - Health Psychology, Fall 2019-
 - Systems Theory & Analysis, Spring 2019-
3. **Instructor of Record**, Abnormal Psychology, University of Connecticut, Storrs, CT, 2013
 - 70 upperclassman Psychology majors
 - Biweekly, hour and a half-long classes
 - DSM-5, stigma, biopsychosocial model
4. **Teaching Assistant**, Introductory Psychology, Lab, 3 Sections, University of Connecticut, Storrs, CT, 2010
 - Taught laboratory sections for Introductory Psychology course students, majors and non-majors
 - Weekly, hour-long sections
 - Statistics, experimental design, introductory psychology content, quizzes

Research and Scholarly Advising:

Academic advisees: 16, 2018-

Graduate student research mentees: 7, 2018-

Clinical supervisees: 35, 2018-

Research assistants:

1. **Lung cancer stigma team:** Matthew Valdespino*, Zoe Verrico*[†]
2. **Rumination team:** Zoe Verrico, Megan Giles, Gabriella John
3. **LGBTQ smoking team:** Kate El-Sharkawy, Megan Giles, Eleanore Pankow
4. **D&I team:** Sara Ghazmedeh*, James Terhune, Melissa Fleuhr, Maia Buschmann
5. **Keeping Black Mothers Alive team:** Zaire Ali*, Eleanore Pankow, Yara Assadi[†], Aila Altunbilek[†]
6. **Interdisciplinary collaboration:** Alex Peterson*, Sana Amanullah, Aishwarya Karanam, Lynelle Clervil

*Indicates a grant funded research assistant

[†]Indicates an undergraduate research assistant

Dissertations:

Committee:

Molly St. Denis, defended Spring 2021
 Melissa Fluehr, defended Summer 2021
 Jesse Finkelstein, defended Spring 2023
 Courtney Peters, defended Spring 2023
 James Terhune, target Summer 2023
 Esther Fried, target Summer 2023
 Saipriya Iver, target Summer 2023
 Shalva Adler, target Summer 2024

Chaired/Chairing:

Will Maier, defended Summer 2020
 Ruby Rhoden, defended Summer 2021*,**
 Gabriella John, defended Summer 2021
 Brittany Cabanas, defended Fall 2021**
 Gemma Stern, defended Fall 2021**
 Julia Harbell, defended Spring 2022
 Kate El-Sharkawy, defended Summer 2022
 Madeline Bono, defended Summer 2022
 Sara Ghassemzadeh, defended Summer 2022
 Maia Buschmann, defended Summer 2022*
 Idil Franko, defended Summer 2022
 Ale Feliz, defended Spring 2023
 Mir Meyer, defended Spring 2023
 Joel Seltzer, defended Spring 2023
 Megan Giles, defended Spring 2023
 Molly Stern, defended Summer 2023
Radwa Mohktar, target Summer 2023
*Febrian (Annie) Moten, target Summer 2023**
 Zoe Verrico, target Summer 2024
 Timothy Wilkerson, target Summer 2024
 Mirjam Burger-Calderon, target Summer 2025
 Alex Peterson, target Summer 2025
 Hasan Abdel-Nabi, Summer 2026
 Rhia, Summer 2026?

*NJPA Dissertation Award (Diversity)

**Bonnie Markham Dissertation Award

Media features:

1. Miller, K. (2021). Daylight savings time may be ‘a tougher adjustment’ during the pandemic, experts say. *Yahoo News*. <https://news.yahoo.com/daylight-saving-time-tougher-adjustment-pandemic-experts-130037698.html>
 - a. Article featured in an additional nine articles with over 172.6 million reads

2. Krauss Whitbourne, S. (2016). What to do when your life has gotten messy: Coping with the things you can and can't control. *Psychology Today*. <https://www.psychologytoday.com/us/blog/fulfillment-any-age/201606/what-do-when-your-life-has-gotten-messy?collection=1091079>
-

Volunteer:

Essex County Vaccine Clinics, 2020-2021

Organizer, Cranford Unity and Inclusivity Project, 2020-

Board, Cranford Newcomers Community Group, 2018-2021

Operation Warm Heart, Elizabeth Coalition to House the Homeless, 2017-2019

Hearts & Bones Rescue, Dog Foster, 2017-
